# *Give children the gift of good posture and lifelong health!*

Choose any or all of these fun and educational tools from Body Mechanics Press.

### BACKPACK SAFETY AMERICA™ VIDEO

- **Award-winning video**

This informative and entertaining 8-minute presentation introduces and reinforces the four guidelines for safe and proper backpack use. Close-captioned

**$89.00**

### BACKPACK SAFETY AMERICA™ BOOK FOR TEACHERS

- **A Middle Grades Curriculum to Promote Backpack Safety and Health**

by Marvin T. Arnsdorff and Sara Davis Powell

**$14.95**

### BACKPACK SAFETY INTERNATIONAL™ VIDEO

- **Metric weights and measures** Close-captioned

**$89.00**

- Get the **BACKPACK SAFETY AMERICA™** book and video together for only **$97.** You save **$6.95!**

### BACKPACK SAFETY AMERICA™ POSTER

- **Large, full-color poster**

Reinforce the principles of proper backpack use with this 18x24-inch poster

**$25.00**

### PETE THE POSTURE PARROT™ DINOSAUR DREAMS

by Marvin T. Arnsdorff with Eric Vincent

- **For the first time in a children's book, this lovable character shares the safe and proper use of backpacks.**

**"I love this book, the ideas in it and the beautiful pictures. I endorse it without equivocation!"**
**Mark Victor Hansen**
**Co-creator, #1 *New York Times* best-selling series, *Chicken Soup for the Soul***

**$16.00**

### BACKPACK SAFETY AMERICA™ BROCHURES

- **Full-color fold out with tips to reinforce safe and proper use of backpacks.**

Package of 250 brochures

**$69.00**

### PETE THE POSTURE PARROT™

- **Talking Toy**

Cuddly and colorful, Pete shares good posture tips with a gentle squeeze of his wing; a great gift for children of all ages!

**$24.95**

- **Buy 3 or more and save! Only $19.95 each**

**4 EASY WAYS TO ORDER:**

- Call Toll-Free **1-800-672-4277**
- Fax 1-843-881-6746
- Visit our web site at www.bodymechanics.com
- Send this completed form with payment to:
  **Body Mechanics Press**
  P.O. Box 2430
  Mt. Pleasant, SC 29465-2430
  - *Outside of the U.S. call 1-843-881-8815*
  - All prices are U.S. dollars.
  - Shipping and handling charges are additional.
  - Ask us about quantity discounts.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

| Qty. | Description | Price of Item | |
|---|---|---|---|
| | | Each | Subtotal |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

**METHOD OF PAYMENT**

❑ American Express ❑ MasterCard ❑ Visa ❑ Discover ❑ Personal Check ❑ Money Order

Credit Card Number:

Expiration Date

THANK YOU FOR YOUR ORDER

| | |
|---|---|
| **Total Price of Items** | |
| **Shipping/Handling** | |
| **Sales Tax: if applicable** | |
| **TOTAL ORDER** | |

Signature (required on all credit card orders)